

Town Hall Happenings

Tree Lighting Ceremony On December 11, the Town celebrated its first Christmas Tree Lighting. Thanks to the Visioning Committee, we have a beautiful artificial tree and the start of a positive annual tradition.



The event was kicked off with "O Holy Night," sung by Aubrey Connelly. Afterward, Mayor Bennett presented a proclamation declaring the event the Town's 2009 Arbor Day. This ceremony is the last

step to designate Montverde through the Arbor Day Foundation as a Tree City USA town.

While the Girl Scouts were selling cookies and hot cocoa, event goers sang Christmas Carols. Escorted by the Fire Department, Santa arrived just in time to wish all a Merry Christmas and talk with the youngsters.

Storybook Christmas The Library along with the Fire Department hosted a wonderful event for the 30 plus children who were in attendance. The children enjoyed hearing Christmas stories, making decorations and eating goodies.

Santa also stopped by for a visit, where the children had a chance to tell Santa what they are wishing for on Christmas morning. The little ones also received a souvenir photo.

The Mayor, Council and Staff of the Town of Montverde Wishes you a Happy and Healthy New Year.

Give a Day, Get a Day at Disney! If you volunteer for the program 'From the Heart Care Cards', which will be making Valentine's Day cards for the elderly, you will qualify for a FREE day at a Disney Park of

January 2010

your choice. On January 23rd the Library will be hosting this volunteer event at the Kirk Park Community Building (17436 Division Street). To qualify for the free day at Disney you must preregister. Beginning January 1, 2010 you can sign up and get more information at http://tinyurl.com/yctpk54.

You can register for one or both sessions and everyone age 6 and up is welcome to volunteer. However, children must be accompanied by a parent or legal guardian. For more information on how to participate, please contact the Helen Lehmann Memorial Library at 407-469-3838.

New Hours Effective January 4[,] 2010, the Helen Lehmann Memorial Library will be adding hours. The library staff and the Town Council are working together to assist the public in these challenging times.

The new hours will increase from 36 to 43 hours as follows:

- Monday and Wednesday: 10:00 am 5:00 pm
- Tuesday and Thursday: 10:00 am 7:00 pm
- Friday and Saturday: 10:00 am 2:00 pm

Libraries are part of the solution when a community is struggling economically. They provide free access to books, DVD's, CD's and online resources for children, teens and adults; as well as, adult literacy and business resources. Libraries support lifelong learning.

Around Town

There are several openings on various Boards and Committees. Anyone interested in helping the town by volunteering to be on a Board or Committee, please email <u>townhall@mymontverde.com</u> or call town hall at 407-469-2681. Leave Your Legacy/Montverde Community Walk The first order of brick has arrived and will be laid in a new sidewalk in front of Town Hall soon. If you would like to order a personalized brick and become a permanent part of Montverde History the next order is being taken now. Please contact Town Hall at 407-469-2681 for more information.

Adopt a Road We would like to thank the following volunteers who contributed their time and work last fall in cleaning up our neighborhood roads with the Visioning Committee's Adopt-a-Road mission:

- Wayne Gay
- Joe Wynkoop
- Gary, Cynthia and Kurt Schindele
- Laura Eldridge
- Sal Serrano
- Cathy & Amorah Desimone and Conner (LaMontagne) Desimone
- Trey Cloutier
- Jane and Bob Tomlinson

If you are interested in helping this community need, please contact Jane Tomlinson at jane.tomlinson@orlandohealth.com.

The Faith Neighborhood Center needs donations. During these tough economic times, we would like donations to help families in need. A box is in town hall to collect non-perishable foods. We are also accepting donations of clothing, sheets, towels and small household appliances. Anything you can do would be helpful to a family in need.

New Year's Resolutions

According to eHow.com, New Year's resolutions typically fail due to timing, expectations, and support. Follow these five simple steps to achieve your goals:

Step 1: Aim low. It goes without saying that most New Year's resolutions are easier announced (or written) than done—but if you set the bar too high, you're doomed from the start. Instead of a sweeping declaration like "I will lose 30 pounds by April and finally fit into that dress," target a goal that's more attainable, like losing 10 or 15 pounds.



Step 2: Don't overload yourself. It's difficult enough for the average person to follow through on one ambitious New Year's resolution; why on earth would you saddle yourself with three or four? Choose the most pressing issue at hand—losing weight, finding a girlfriend, improving your relationship with your parents—and concentrate on that. Trying to do everything simultaneously practically guarantees failure across the board.

Step 3: Tell everyone you know. One school of thought says that New Year's resolutions are best kept to oneself, but look at it this way: the more people to whom you announce your resolution (say, to get out of your dead-end job by spring), the more people there'll be to prod you along if you fall behind. There's no shame in seeking help if you can't accomplish your resolution on your own.

Step 4: Reward yourself. Following through on a New Year's resolution is rarely easy, so a little Pavlovian conditioning goes a long way. If you've resolved to shop less, stroke yourself for not buying those shoes by springing for a steaming hot cappuccino at the mall. If you've resolved to be nicer to people, buy yourself a nice jacket after enduring that tedious cocktail party without delivering any insults.

Step 5: Wait until spring. Sometimes the best way to accomplish a New Year's resolution is to make it at a time of year of your choosing, rather than the one dictated by the calendar. May 1 is a good alternate date, since the change of season will neatly coincide with the change you're hoping to accomplish in yourself.